

Naturopath to visit Ruatoria

Denise Ferris-Oertel is based in Epsom at the Auckland Health Clinic. She is a Naturopath and travels internationally promoting preventative medicine and teaching simple natural treatments for basic ailments as well as more serious conditions such as Cancer or Diabetes.

Her Grandparents George and Raima Ferris moved from Tiki Tiki to Bridge Pa. Her parents Eddie and Hera Ferris live in Paki Paki, she has three sons and five grandchildren. Denise has been working in this field of herbal medicine and preventative treatments for twenty years. Here is her story:



"I became interested in naturopathy 25 years ago not by choice but as a last resort. My doctors and specialists had given up on me and told me there was nothing more they could do for me and to basically plan my funeral. I had also seen positive results from my Aunt Mary

whose health had declined over the years. She always seemed to be sick and had a terrible wheeze and cough, however when she came to see me she had no cough, she looked ten years younger and had so much more energy and vitality. She told me that it was after she had seen a naturopath that she got better.

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My husband took me to this naturopath and within 2 to 3 months I was back on my feet again, I was free of pain and able to return to teaching. The naturopath had helped me by using herbal medicine, vitamins and minerals and advised me about colonic irrigations and a detoxing eating programme.

I then made a decision to study naturopathy. It took me four years and I worked in an apprenticeship with the naturopath who had treated me and set up my own practice in Hawkes Bay at Whakatu.

I do seminars on Iris Diagnosis reflexology, herbal medicine and vitamin treatments. The seminars also present information on simple aspects of what you can do in your own home and how you can help yourself and your family without using medications that have short and long term side effects. My forte is Iris Diagnosis and Facial Diagnosis as the eyes and the face indicate what disease processes are happening in your body. The most fascinating aspect is that well before a medical diagnosis shows up the disease, these procedures can show you in time.

So often you may be always sick, have had lots of tests and the results keep coming back as normal. Unfortunately many medical diagnosis procedures will only show up when a major disease is in the system and up to 75 percent or more tissue has been damaged.

Naturopath Seminar 26-28 Jan 2007

Date: Friday 26th January
12pm to 10pm

Consultations will be held before & after meeting
– Health meeting will be held 7.30pm

Sat 27th January – 9am to 9pm – Consultations
Sun 28th January – 9am to 4pm – Consultations

Venue:
Ngata Memorial College

I will be holding a seminar in Ruatoria, at this seminar I will go through simple diagnosis procedures. The attendees will leave with a basic framework of what they can see in their own eyes as well as their friends and family. I will also teach information on:

- how to treat asthma, migraine, headaches, backaches, skin diseases like eczema and psoriasis ulcers
- how to prevent diseases like diabetes and cancer and what you can do today to prevent the process of these diseases attacking your system.
- preventative methods in strokes and heart attacks and heart disease.
- why people are suffering from tiredness and depression
- how you can be in charge of your own health, be your own doctor using preventative methods and natural remedies.

Local man George Dewes visits Naturopath

I was diagnosed with bowel cancer in March 2005. Doctors later found lumps in my liver so I started chemotherapy and found it didn't shrink the cancer.

Hearing about other local experiences who had visited Denise and encouragement from my daughter motivated me to visit her at the Auckland Health Clinic in June 2006. Once I started the recommended treatments & vitamins I could feel the difference. I have more energy and have even lost weight.

Now, recent scans have shown the lumps have reduced in size for the first time and my general health is much better.

From my own experience, I recommend seeing Denise when she visits Ruatoria, 26th to 28th January 2007.