



Ngati Porou East Coast 'Tag Rugby' This Summer



**EAST-COAST-RUGBY
UNION**



ACKNOWLEDGEMENTS SPONSORS

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Rules at a glance

The Basics

Maximum of 8 players on the field
 Defender must remove one tag to stop progress
 A knock back is play on.
 The game is non-contact.
 The ball carrier is not allowed to protect his tag.
 The ball must be carried over the line.

Kicking

Kicking is allowed on any tackle.
 Kicks must be below shoulder height.
 Except for kick off that commences the game.
 Defending team may kick the ball on any tackle.

Field size: 70m x 50m
 Rugby ball size '5'

KEY CONTACTS

HICKS BAY	Te Araroa Area School
TE ARAROA	Te Araroa Area School
TIKITIKI	George Nepia Memorial Park
RUATORIA	Ngati Memorial College
TOKOMARU	Hatea A Rangi
BAY	Domain
UAWA	To be confirmed

Key contact: East Coast Rugby Union
 (06) 864 8812

Area Co-ordinators:

Hilda Haerewa	(06) 864 3779
Moki Raroa	(06) 864 4753
	021 063 6901
Bennett Haenga	(06) 864 4920
Paora Brooking	(06) 864 3012
	021 126 0001
Darryl Goldsmith	(06) 864 5881
	021 265 8579

Our aim this summer folks is to:

**Keep 'Safe on our Roads'
 Keep 'Sport 'Active' on the Coast
 and Enjoy a Healthier Lifestyle'**

**The game has been
 in New Zealand for
 approximately 12 years
 and is played by all ages
 and sporting groups.
 Age and gender is no
 barrier. Fun for all the
 whanau and a great way
 to keep fit over summer**

