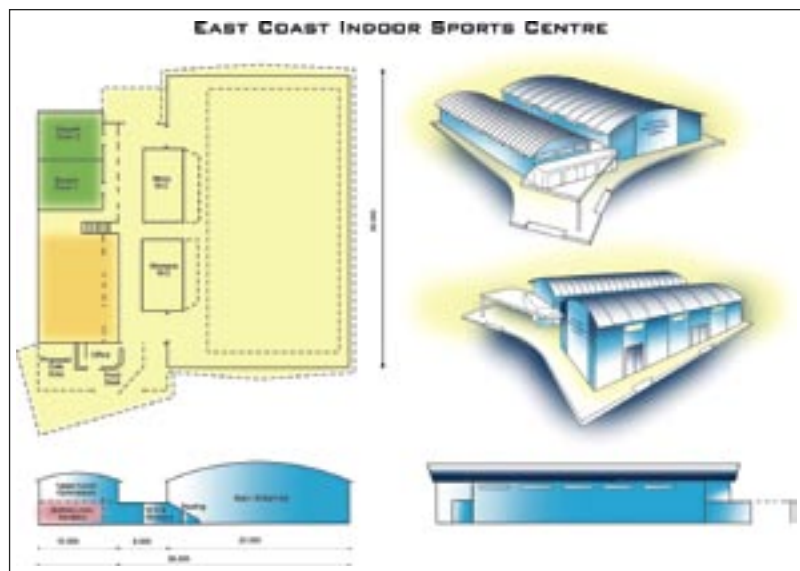


The Centre of Wellbeing

On 9 June 2006, a Submission was presented to the Gisborne District Council to Build an Indoor Sports Facility in the centre of Ruatorea. The proposal received an overwhelming positive response, which resulted in GDC making the land available behind the Radio Station in Ruatorea.

Since then, many have shown their support by their participation at meetings, signing petitions or just spreading the word. The importance to gain the support of all, especially all potential users is required to make this wonderful dream a reality.



Proposed layout for the East Coast Sports Centre.

All Ngati Porou Mokopuna are naturally talented in the field of sport and recreation, this compels us to do what we can to help foster and nurture that talent by providing them with the necessary tools or vehicle to achieve their dreams.

CENTRE OF WELLBEING

VISION

To build a multi purpose facility which fosters sport and healthy lifestyles for all ages and abilities throughout Ngati Porou?

To provide opportunities to participate in sport with a view to improve the quality of life in spite of socio-economic conditions.

MISSION

To create a sustainable environment for the total wellbeing of Ngati Porou.

LOCATION

Ruatorea is ideal because it is central to the coast. It allows children in remote parts of the coast the opportunity to participate in tournaments and competitions. Currently, we must travel to Gisborne to



enter any competition. Petrol increases, dangerous roads and not to mention the time traveling to and from with the expected stop at Mc Donald's or KFC.

We acknowledge the desire to have a facility in every town along the coast, but the reality is, we just would not justify the need.

SPORT AND RECREATION

The complex will offer a variety of organized ongoing sport. Basketball, volleyball, netball, badminton, squash courts. A weights room/ gymnasium facility, aerobics, gymnastics. We will also be able to house national tournaments ie; Tae Kwan Do, Boxing, Basketball, Speed shears, Kapa Haka, Hui Taurima and concerts.



Cherie Mangu doing Gymnastics in the Manutahi School hall.

Our Kaumatua will also enjoy regular planned activities such as ballroom dancing, line dancing, indoor bowls or just some quality

time relaxing or some light exercise in the therapeutic pool. Every sporting code will have so much to gain from this proposed new centre of wellbeing, it will offer an alternative venue for training purposes if the weather is bad. And i think we all know how difficult it is to keep motivated when it is raining by the bucket full the fire is blazing and there's a big pot of boil up on the stove.

CONCLUSION

The centre of Wellbeing will offer a positive pathway for our mokopuna and create an environment that is safe and that will nurture and enhance their total wellbeing. It is this that drives and motivates the desire to create positive change. The ball is in our court.

"Together, we can make a difference."



One of a number of tents hired on the coast to cater for large numbers.